CH.S.D.ST. THERESA'S COLLEGE FOR WOMEN, ELURU

Report of

Academic Exchange Programme/Educational Tour to Malaysia 7th to 11th January, 2020

The Staff and student Academic Exchange programme from 7th to 12th Jan 2020 for research support was aimed at sharing knowledge and experiences, facilitating understanding and building trust among partners. The Programme helped to build professional networks and good relationships across the partner organizations. Overall, the Staff and student Academic Exchange programme was a success with 20 Faculty from various departments along with 44 students participating in the programme.

Aquarium:

On 8th January, all the members visited Aquarium. It is based on the journey of water from the land to the sea. The journey started in the misty highlands, down through rivers, through the rainforest and mangroves to the coral reefs into the deep blue sea. It houses over 250 different species and over 5,000 land and aquatic animals from Malaysia and around the world in their natural habitat. It has the huge transparent, 90 meters long underwater walk way tunnel where hundreds of fishes, sharks, stingrays, and more surround the visitors from everywhere they look. Enjoyed a vivid array of native and exotic marine and aquatic species which included Sand-tiger sharks, green sea-turtles, red-bellied piranhas, starfishes, corals, crabs etc.. The place was beautiful and one can see all types of fish and all types of living things under the sea. Aquarium, Terrarium, Aquaterrarium, Oceanarium were observed. It gave an exposure to real aquatic life. Students had an amazing experience. They learned all about conservation and the importance of the marine ecosystem.

National Monument: Independence Square

Next important place was The National Monument .It is a sculpture that commemorates those who died in Malaysia's struggle for freedom, during World War II and the Malayan Emergency, which lasted from 1948 until 1960. It is located in Kuala Lumpur. It is the world's tallest bronze freestanding sculpture grouping. Every year on 31 July on Warriors' Day, the Prime Minister, and the heads of the Malaysian Armed Forces and the Royal Malaysia Police pay their respects to the fallen heroes by laying garlands at the monument.

PETRONAS Towers:

The PETRONAS Towers, also known as the PETRONAS Twin Towers. They are twin skyscrapers in Kuala Lumpur, Malaysia. They remain the tallest twin towers in the world,

with 88 floors. It is open to the public. The buildings are a landmark of Kuala Lumpur. Along with nearby K L Tower; they remain the tallest buildings in Kuala Lumpur.

The Kuala Lumpur Tower or KL Tower:

It is a communications tower located in Kuala Lumpur, Malaysia. Its construction was completed on 1 March 1995. Its height is 421 meters (1,381 feet) and is the 7th tallest freestanding tower in the world. The roof of the pod is at 335 meters (1,099 feet). The rest of the tower below has a stairwell and an elevator to reach the upper area. It also contains a revolving restaurant, providing diners with a panoramic view of the city. The tower are the highest viewpoint in Kuala Lumpur that is open to the public.

INTERNATIONAL CONFERENCE

IMRF's 155th International Conference, Malaysia 2020 was organized from 9th - 10th Jan 2020 at University of Malaya, Bilik Persidangan Aras 1, Kualalumpur, Malaysia. The programme was compared by Dr.Daniel, Secretary, IMRF. Prof. Dr. Amiya Bhaumik, Founder and Vice- Chancellor of Lincoln University college, Malaysia, Prof. Dr. Kamal K, Vice- Chancellor, Genovasi University, KL, Malaysia, Prof. Dr. Swamy KB, Director, Lincoln University, KL, Prof. Peter Chew, PCET, Penang, Malaysia, Prof. Zaira Zaman Chowdhury, University of Malaya KL ,Sr.Lourdu Mary, Correspondent, Ch.S.D.St.Theresa's College for Women, Eluru, Andhra Pradesh, India ,were the guests for the inaugural session. The programme was started with prayer by Sr.Showrilu and her team.

Dr.Daniel, gave an introduction about IMRF-International Multidisciplinary Research Foundation and highlighted the motto of the organization "Choose to be Huge."

All the members were warmly welcomed by Prof. Zaira Zaman Chowdhury, University of Malaya KL.With great pride and honour, the Proceedings of the Conference were released by the dignitaries on the dias.

The Academic Awards were announced by the CEO of IMRF,Dr.Ratnakar.Various members were honoured for their enormous contribution in their own areas.

To mention a few

- Academic Award in the field of Business Administration to Prof. DrAmiyaBhaumik, Founder and Vice- Chancellor of Lincoln University college, Malaysia,
- ➤ Legal Icon award of the year in the field of Law to Prof. Dr. Kamal KDy Vice-Chancellor, Genovasi University, KL, Malaysia
- Excellence Award in the field of Human Anatomy to Prof. Dr. Swamy KB, Director, Lincoln University, KL

- ➤ Life time Achievement Award in Zoology to Dr.Prahlad Dubey, Emeritus Professor, Rajasthan, India
- ➤ Best Scientist Award in Physics to Dr.K.Showrilu, Vice Principal, Ch.S.D.St.Theresa's College for Women, Andhra Pradesh, India
- ➤ Best Researcher Award in Pharmaceutical Chemistry to Dr.C.A.Jyothirmayi, Professor in Chemistry, Ch.S.D.St.Theresa's College for Women, Andhra Pradesh, India.
- ➤ Best Researcher Award in Nano Technology and Catalysis to Prof. ZairaZamanChowdhury, University of Malaya KL
- Best Researcher Award in Zoology to Dr. K.S.Raghunandan, from University of Mysore, Mysore, India
- ➤ Best Inventor Award in Mathematics to Prof. Peter Chew, PCET, Penang, Malaysia
- Young Scientist Award in Chemistry to Dr.Syed, University of Malai
- ➤ Young Scientist Award in Computer Science to Dr.AmanSharma, Taylor University
- > All the participants greeted the awardees with a great round of applause
- Dr. Swamy KB, Director, Lincoln University, KL extended his greetings to all the members
- ➤ Prof. Dr. Kamal K, Dy Vice- Chancellor, Genovasi University, KL, Malaysia gave a response on Award Ceremony and congratulated all the awardees and IMRF.He also mentioned about the necessity of attending and organizing of International Conferences, especially a conference like this which included a networking of disciplines.
- ➤ Prof. Dr AmiyaBhaumik, Founder and Vice- Chancellor of Lincoln University college, Malaysia, congratulated all the participants for their willingness to participate in the conference in Malaysia-Truly Asia
- ➤ Sr.LourduMary, Superior and Correspondent, Ch.S.D.St. Theresa's College for Women, Andhra Pradesh, India addressed the gathering and congratulated the participants and advised them to become useful instruments to the society.
- ➤ Prof. Dr. Kamal K, Dy Vice- Chancellor, Genovasi University, KL, Malaysia and Dr.Ratnakar, CEO, IMRF wished all the participants.
- > The students performed dances which made the participants spell bound.
- ➤ Ms.Nikhitha, First year P.G.Clinical Nutrition, Ch.S.D.St. Theresa's College for Women, Andhra Pradesh, India performed a classical dance , representing our country
- Ms.Archana and her team performed a Pongal Traditional Dance.

Key note address:

Prof. Dr. Amiya Bhaumik, Founder and Vice- Chancellor of Lincoln University college, Malaysia delivered the key note address:

Important points:

He explained about the word—BUCA

B - Business

U - Uncertainty

C - Complexity

A - Agility

- The word was created by humans.
- ❖ It was not there in 18th&19th centuries, found only now.
- BUCA—Past &Present--
- Past—Prayerful & Service minded.
- Present---Materialistic.
- ❖ Do not degrade your soul ,do not degrade your mind—gave a sanskrit poem.
- ❖ You are your best friend ,you are your best enemy.
- You can conquer the world or you can destroy it.
- We are the creators of our own BUCA World.
- He mentioned about the sacrifices of Sisters, Buddhists etc..,we have to learn so much from them.
- We want peace, happiness in our lives
- These two are defined differently in each case—
- Ex—Sisters get them at the feet of Jesus
- Some find them after getting Ph.D etc.....
- He advised to have identity as human beings.
- He mentioned Vivekananda's words about divinity.
- He explained the true meaning of Education.
- . How can we contribute and express that we are part of divine soul.
- Education should not be a paper related to research.
- The outcome should help the society, otherwise do not take the work.
- ❖ When we leave world, people should remember us like Mother Theresa.
- Human life is just like a train or aeroplane.
- Before takeoff, do something for the society and for God.
- ❖ Why we are born on earth---think...
- Have a purpose in life.
- Create an impact on society by your existence otherwise, no purpose of your birth.
- * Explained various activities undertaken by Lincoln University.

- * Take education to different parts of the interior parts of world.
- Happiness is different in different cases.
- You are your friend, you are your enemy in the world
- We create a problem, we need to solve it.
- Management works for staff, not vice versa.
- ❖ Do not think that we are working for the college.
- ❖ You are working for yourself—think like this
- Do not blame organization.
- Do your job for younger generation with divinity.
- That is sacrifice for society.
- Narrated one story---it goes like this---
- One person walking by kept a biscuit in the hand of a beggar. By the time he kept it in the mouth, he died. That person felt very sad and thought that it was his mistake .He might have kept the biscuit in his mouth instead of keeping it in the hand.)
- Do something for the society before (you die) it is too late. That is a sacrifice for Society.
- ❖ Prof. Dr. Kamal K, Dy Vice- Chancellor, Genovasi University, KL, Malaysia delivered a talk on "Innovative Research Methodology
- Dr. Swamy KB, Director, Lincoln University, gave a talk on "Cognitive Neurology and Personality"
- Prof. Zaira Zaman Chowdhury, University of Malaya KL explained the activities of NANOCAT –a Nanotechnology &Catalysis Research Centre of the university as it is a Research Based University

A Memorandum of Understanding was undertaken by IIST-International Institute of Science and Technology, Malaysia, Australia, Srilanka with Ch.S.D.St. Theresa's College for Women, Andhra Pradesh, India. Sr.Lourdu Mary, Dr.Sr.Showrilu and Dr.Kamal participated in this important event.

Mr.Peter Chew from Penang, Dr.DickyBhutia from Sikkim, Dr.Gracy Maria from Sikkim, Dr.Duby from India, Dr.Worakamol from Thailand, Dr.Raghunandan from India, Dr.Daniel from IMRF presented papers.

Faculty and student participants from Ch.S.D.St.Theresa's College for Women, Andhra Pradesh, India presented papers and posters respectively. The participants presentations were also found to be important for mutual learning, allowing for dialogue around research priorities and potential synergies.

Chocolate factory:

On 10th January, the students visited the Chocolate factory –Harriston Boutique and they had an opportunity to look at a variety of chocolates .Explanation was given on the preparation of chocolates

Forest research institute Malaysia-FRIM:

The Forest Research Institute Malaysia is a statutory agency of the Government of Malaysia, under the Ministry of Land, Water and Natural Resources (KATS). FRIM is the world's oldest and largest re-created tropical rain forest. FRIM promotes sustainable management and optimal use of forest resources in Malaysia by generating knowledge and technology through research, development and application in tropical forestry. FRIM is located in Kepong, near KualaLumpur. It is one of the leading institutions in tropical forestry research in the world. Founded in 1929. FRIM was awarded the MS ISO 9001:2015 certification starting 2017. It was gazetted as a Natural Heritage Site on 10 February 2009 under the National Heritage Act 2005, and officially declared as a National Heritage on 10 May 2012. FRIM is working towards attaining the recognition as a UNESCO World Heritage Site. Its nomination to be included into the Tentative List of the UNESCO World Heritage Sites was accepted at the 41st World Heritage Committee (WHC) Meeting held in Krakow, Poland on 7 July 2017. The Institute is led by Dato' Dr. AbdLatif Mohmod as its Director General.

The members were divided into four teams, a separate guide was allotted to each group. All the four teams surveyed the flora and experienced the trekking under canopy. The guides were very knowledgeable and explained each and every point with interest which included various topics like seed dispersal, plant species, rainforest ecology and the local history of the Forest Research Institute of Malaysia (FRIM). Guides explained the flora and fauna of the area and economic importance of various forest products. One favorite part of the hike observed was the "Crown Shyness" - a beautiful mosaic caused by a mysterious natural phenomenon where the leaves of the canopy layers "shy" away.

The visitors were advised to wear hiking boots for protection from insects. FRIM is a completely man-made rejuvenated forest of over 1,500 acres. The site comprised an area that was practically stripped off its original forest cover except a few remnant trees at the more inaccessible localities. Lalang-grass shrub on the hillsides made a way to vegetable terraces on the lower slopes. FRIM consists of laboratories for conservatory purpose, herbarium center, museum, as well as the Chemistry, Zoology and Sivilculture sections.

Great place to do forest photography. Overall, it is a good spot to visit.

All the members visited Berjaya Times Square for shopping

Batu caves and Muruga temple:

Batu Caves is one of the most renowned Hindu shrines located outside of India which is dedicated to the Lord Murugan. Batu Caves is crowded with people especially during Thaipusam festival. It is said that the limestone which forms the Batu Caves are as old as 400 million years old. It was also said that some of the entrances of the caves used to be

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shelters for the indigenous Temuan people. Before this, the steps up to Batu Caves were made of wood. They were soon replaced by 272 concrete ones. Among all the cave temples which make up the site, the most famous and the largest of them all is the Cathedral Cave and it houses a few Hindu shrines underneath its 100-meter vaulted ceiling.the statue of lord murugan stands at 42.7 meters right outside batu caves. It is during Thaipusam which attracts thousands of people to Batu Caves.

Jalan Alor:

The best place for eating in Kuala Lumpur is located at JalanAlor. At the JalanAlor, entire street was dedicated to cheap hawker food with lots of local Chinese cuisines. The stalls are parked all along the street, providing an overwhelming experience for its first timers. It is popular among the locals for offering food served in a traditional open-air atmosphere, with chairs and tables dotting the curbs and road-sides. All the members enjoyed the variety of food.

Genting high lands:

On 11th January, all the members visited Genting Highlands .The Resort is an integrated hill resort comprising hotels, shopping malls, theme parks and casinos, perched on the peak of Mount Ulu Kali at 1,800 meters high near the border between the states of Pahang and Selangor, Malaysia.

In 1971, the first hotel at Genting Highlands was completed and was named Highlands Hotel (now renamed as Theme Park Hotel). The Genting Highlands Resort continued to expand since the opening of the first hotel in 1971. Development of the area continued with care taken to ensure the maintenance of the natural beauty of the rainforest of the region. A Buddhist temple was located on the highland.

In 1997, Genting Highlands Resort added the Genting Skyway cable car system that provides a 3.38 kilometers (2.10 mi) transport to the hilltop. Genting Skyway is also recognised as the "World's Fastest Mono Cable Car System" with a maximum speed of 21.6 kilometers per hour (13.4 mph) and the "Longest Cable Car in Malaysia and probably in Southeast Asia".

The comprehensive indoor and outdoor theme-park was promoted as the destination for "Fun at the Peak". The highland is considered as "The City of Entertainment". It gave an amazing experience to all the members.

Visitors noted that the visits were well organized; the arrangements ran smoothly; the content of the visits was informative; and the speakers and other visitors were well chosen. The atmosphere was relaxed and informal and it was commonly expressed that the visits provided a great opportunity to meet international colleagues.

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Feedback reports show that, overall, the visits met the participant's expectations, and almost all the participants reported that their experience exceeded their expectations. Visitors gained valuable knowledge of the host organizations, particularly in relation to the research within that country; impact and innovation issues; international cooperation; as well as the culture of the host country. It was noted that there were many similarities as well as differences in processes and ways of working. Both visitors and hosts developed new ideas as a result of the programme, many of which they intend to introduce within their own organizations. Similarities, differences and new ideas are discussed. It was noted that enabling colleagues to visit each other's organizations and the mutual learning that resulted from this was crucial for future engagement and collaboration.

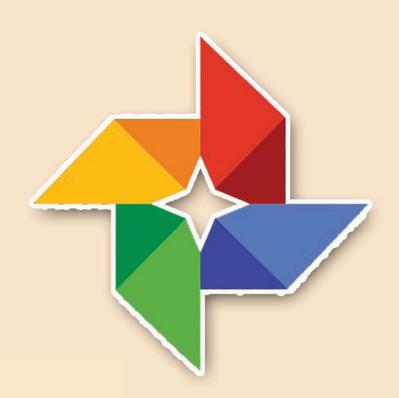
Colleagues expressed the importance of meeting representatives from different organizations in order to gain an understanding of the context, approaches and priorities from different country perspectives as well as a more holistic understanding of how the organizations operate, and in turn how mutual learning and collaboration can be achieved. Overall, the programme was an enriching experience and helped to develop the foundations of trust and cooperation needed going forward for future activities.

All the members loved this programme and are keenly looking forward to the next educational tour since learners do not forget what they learnt in class in connection with what they see face to face.

All the participants are highly grateful to the God Almighty for His constant support, to IMRF and to the management of Ch.S.D.St.Theresa's Autonomous College for Women, Eluru for arranging such an excellent programme which gave an everlasting experience to each and every member.



Photos of Academic Exchange Programme



Educational Tour Pics - Malaysia





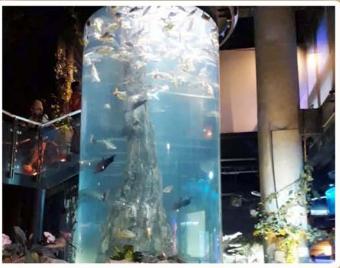






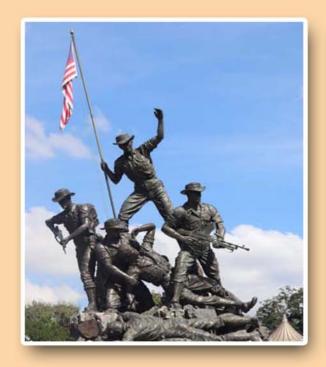








National Monument: Independence Square





Petronas Towers:





K L Tower:







Malaysia is well known for its high rise buildings. The constructions are really marvelous.























INTERNATIONAL CONFERENCE





Memorandum of Understanding



Dr.Sr.Showrilu, Vice Principal and Director of PG Courses & Dr.C.Jyothirmayee H.O.D. Chemistry department have been conferred "Award of Excellence" by the IMRF at Malaysia in recognition of their research

















Chocolate factory:









Forest research institute Malaysia-FRIM:















Batu caves and Muruga temple:







JalanAlor:



Gentling high lands:















